

APRIL 2018 www.fhm.com.ph

# FHM

#fhmLovely

## DARK WEB

EXPLORE THE  
INTERNET'S STRANGE  
BUT VERY USEFUL  
UNDERBELLY

## ALTERS

GET INTO  
THE WORLD  
OF EVERYDAY  
SEX IDOLS  
ON TWITTER

# LOVELY

## ABELLA

THE BUBBLE GANG GIRL MAKES IT TO THE A-LIST

18+ CONTENTS  
ARE NOT SUITABLE  
FOR MINORS



SUMMIT  
MEDIA



**LEGENDARY**

A New Story of Supremacy Begins

**THE ROYAL ARRIVAL**

Carburetor for Professional Modification



**THE ROYAL ARRIVAL**

New Fuel Injection



**RAIDER R150**



# CONTENTS

## FEATURES

### 40 **EAT BY COLOR**

Stuffing yourself is a multisensory experience

### 42 **DEEP WEB**

Life (way) beyond incognito mode

### 46 **THE SECRET LIFE OF AN ALTER**

Some like to watch and some like to show

### 52 **SEL GUEVARA**

The host with the most (booty)

18

## COVER STORY

# LOVELY ABELLA

This is what pure ambition and drive looks like

PHOTOGRAPHY: XANDER ANGELES

# CONTENTS

## VERGE

### 6 RISA AOKI

Definitely no need to buy her a drink

### 10 WHICH DOG IS FOR YOU

Picking the best doggo

### 12 HAIR-O-DYNAMICS

Giving hair the sports science treatment

### 13 SEX DOSSIER

Featuring an expert opinion on man tools

## PULSE

### 14 AVENGERS

We've waited ten years for this!

### 16 SEAFOOD

Never too late to eat more fish

## FITS

### 63 SURF BREAK

No beach bod yet? Wear these instead

## BOOST

### 68 KO COMBOS

Mayweather may want to read this too

### 72 SWIMMING

Safety tips before you jump in

### 74 EX MACHINA

A new highway challenger appears

### 76 PRIME TIME

Secret technique for a free membership



14 AVENGERS

72 SWIMMING



6 RISA AOKI



63 SURF BREAK

PHOTOGRAPHY: KEVIN BRENT, IAN GUEVARA, ILLUSTRATION: MELVIN CALINGO



# Blackwater

Break  
the rules



BlackwaterForMen



blackwaterelite

P 168

\*Price varies



## FROM THE EDITOR

# Lovely Abella must have felt like she had just won the lottery when she was told she was going to be on the cover of *FHM*-solo.

When was the last time you heard a real rags-to-riches story? Probably not in a long while. Read Lovely's profile that goes with a pull-out-all-the-stops 20-page shoot extravaganza and you'll have one: a girl from a far-flung province who had dreamed of becoming a star since she was eight; who only got her first break as an extra when she was 15; got paid only P250 for a racket that lasted for 24 hours; where she wasn't even seen on camera at all.

And then just as she was getting her first little taste of fame, but not yet getting the big break she had always dreamed of, something huge like this happens. It's the jackpot.

I'm pretty sure she had been overjoyed just joining the other *Bubble Gang* girls, among them veteran *FHM* cover stars, for that special collab cover last year to celebrate the gag show's 22 years. But what we hadn't told her then was that we were already planning ahead. To her credit, she did not disappoint at all. We saw in her a real fire on shoot day; Lovely came on the set determined to make her first solo cover the best thing she'd ever done in her life.

We're always proud that our covers pave the way for a star's rise to fame, and in the years that we have been around we have done many. I can tell you many of those successful cover stars were initially hesitant about doing it at all because, for some reason, they were a little unsure of themselves. But that is understandable. What is important is the boost of confidence, and of fame, that she gets when her cover is unveiled.

I hope Lovely gets her big break after this cover. She deserves it. I can also tell you this: *ito talaga ang ibig sabihin ng kinareer!* And I mean that with all fondness for Lovely. You can't not love her!

*Allan*

**ALLAN P. HERNANDEZ**

Acting Editor in Chief

[allan.hernandez@summitmedia.com.ph](mailto:allan.hernandez@summitmedia.com.ph)

## What *FHM*ers have been up to this month



A rare photo of the *FHM* team looking wholesome AF after Lovely Abella's first ever solo cover shoot. Congratulations, girl!



Ash making good use of his "Trabaho lang, guys" card.

# FHM

### IS BROUGHT TO YOU BY...

Acting Editor in chief Allan P. Hernandez  
Associate Art Director John Laurence O. Patulan  
Style Editor Mikey Ashlie L. Mahinay  
Assistant Managing Editor Chise A. Alcantara  
Contributing Editor Peejo Pilar  
Shoot Assistant Joeie Manuel

### AND FUTURE-PROOFED BY...

Web Editor in chief Anton D. Umali  
Associate Section Editor John Paulo Aguilara  
Staff Writer Khatriina Bonagua  
Art Director Echo Antonio  
Multimedia Producer Lian Dumas

Team Editor Allan A. Madrilejos

### WITH A LITTLE HELP FROM...

Words Kat Zablan, Marianne Salazar, Juju Baluyot, Peejo Pilar,  
Ria Esquerro Illustrations Borg Sinaban, Melvin Calingo Anj  
Javier Pictures Kevin Brent Estrada, Jonathan Baldonado, Xander  
Angeles, Kevin Cayuca, Kurt Alvarez Styling/Makeup/Hair Janina  
Dizon, Sancho Bernardo, R-Jay Ramos, Dave Grona, Ria Aquino,  
Joshua Galvez, Kristine Toribio, Kilkat Echalar, Sheryl Chua,  
Dobra Bernales, Lou Mendoza, Boombee Bartolome, John Paul  
Dizon, Jayson Delos Reyes, Mark Anthony Rosales, Bryan Ponce,  
Daisy Villar

### FHM INTERNATIONAL NETWORK

International Director Simon Greves  
International Digital Director Gary Broughton International General Manager Mark Beard International Digital Manager Graham Kirk International Content Executive Ryan Chambers International Digital & Content Executive Erin Viljoen International Technical Administrator John Goodchild International Editors (India) Kabeer Sharma, (Philippines) Allan Madrilejos, (Thailand) Jakaphatchara Buranabutr

### SUMMIT MEDIA

President Lisa Gokongwei-Cheng  
Publisher Edna T. Belleza  
VP for Operations Hansel dela Cruz  
Deputy Group Digital Publisher Amina Rillo Web Business Operations Manager Dennison Ko Web Programmer Christopher Porto Production Director Elizabeth Rellis Production Coordinator Bong Carolino Production Graphic Artist Mady Marcelino

Photo Enhancer Angelo Mendoza

Administrative Services Manager Wilma M. Lopez Admin Assistants Michiel Lumabi, Marilyn Miguel

### ADVERTISING

Group Advertising Director Florence Bienvenido Adv. Director-Key Accounts Group Regie Uy Adv. Manager Maiza G. Mueco Key Account Specialists Joey Anciano, Junn de las Alas, George Canseco III Senior Account Manager (Print) Bem Caharian, Senior Account Manager (Digital) Lucas Reyes Junior

Account Managers (Print) Melinda Kitane-San Diego, Junior Account Managers (Digital) Onnie Del Mundo, Diane Suegay, Angela Lagahid

Adv. Executive Assistant Rita Barbacena Key Accounts Assistants Maricel Adaniel, Chinggay M. Cabit

Adv. Assistants Lorena Santiago Adv. Traffic Supervisors Eliziel del Rio

**EVENTS DEPARTMENT**  
Associate Marketing Director Arlo

Vicencio Assistant Marketing Manager Rica Lozada Senior Marketing Associate Jed Constantino Junior Marketing Associates Jennifer Dayo, Kevin Palma, Charmie Abarquez, Kay Calleja

### MEDIA RELATIONS

Senior Media Relations Associate

Jensine Bolinao, Media Relations Associate Via Gonzales

### TRADE MARKETING

Trade Marketing Associates Hannah Roque Trade Marketing Assistants Joylyn Guinto

### CREATIVE SOLUTIONS

Assistant Managing Editor Franch

Bustamante Editorial Assistant

Therese Sta. Maria Art Directors

Rey Etable, Juan Carlo Maala, Teddy Garcia

### CIRCULATION

Deputy National Circulation Manager

Glenda Gil Circulation Manager-GMA

Noreen Sescon-Peligro Asst. Manager

For Print And Online Distribution Ulyssis

Javier Key Accounts Group Head Vivian

Manahan, Charlotte Barlis Subscription

Group Head Carla Soriano Key Accounts

Specialists Jennifer Tolentino, Alfredo Toledo Jr., Harold William Rey, Rejie Paquibot, Marjorie Yu Newsstand Supervisor Joel Valdez Distributor

Specialists Kim Sarmiento, Roberto Revilla, Elaine Einosas, Eric Ferdinand Gasatan, Bee Datinguinoo, Aeron Nolasco Junior Sales Representatives

John Lakhi Celso, May Ann Ayuste, Brylle Gonzales, Melrose Tamboeng, Julie Dunn Bantan Sales Coordinator

Jennyfer Marcelo Online Distribution Assistant Mark Jocell Manio Subscription Coordinators Nathaniel Emblado, Ariel Rivera, Ma. Glenda Uchi, Annalyn

Arambulo Subscription Telemarketer Jon Maynard Ortiz Circulation Admin Supervisor Marie Lenn Reyes Circulation Admin Assistants Elnie Marie Delos Santos, Lizel Tumali

### LOGISTICS

Logistics Manager Norman Campo

Logistics Officer Lorie Francisco

Logistics Supervisors Fidel Mitra, Marx Barroga

# REACTIONS

## PREMONITIONS ON POINT!

Other people told me that I had weird taste for saying that I wanted to see Rachel in a bikini in *FHM* after watching *Ang Larawan*... but guess who's weird now? Hottest spinster ever!

**Joshua Christian De Guzman, via Facebook**

## DAD'S LIT AF

Your Guide on How to be a Tito reminded me so much of my dad. I was hanging around with him one day when he asked me to play some songs on my phone to kill the silence. I tried to put on some Frank Sinatra for him but he stopped me and asked, "Anak, wala ka bang kanta dyan ni Khalid?" He's the cool tito here for sure.

**Jay Garcia, via Facebook**

## SHE'S THE SEXY CHEF FOR A REASON

Rachel Alejandro's proof that you can look beautiful at any age. It's all about how you take care of yourself. Congratulations on your cover!

**Lexi Mae Tiu, via Facebook**

## ERRATUM

We forgot to thank Adrian Tecson, Philippine Brand Advocate of the Macallan and The Highland Park; and Rian Asiddao, Brand Ambassador of Diageo Philippines for helping us with our whisky article in our last issue. Sorry! *Bawi kami next inuman.*



**GET IN TOUCH!**



/FHM.PH



@FHMPHILOFFICIAL



/FHMPHIL



FHM@SUMMITMEDIA.COM.PH



6F & 7F ROBINSONS  
CYBERGATE CENTER  
TOWER 3 PIONEER  
COMPLEX, PIONEER ST.,  
MANDALUYONG CITY  
1550



WORDS: KAT ZABLAN  
PHOTOS: KEVIN SANDERSON  
ASSISTED BY: JOAN ILEGAY  
STYLING: SANCHO BERNARDO AND R-JAY RAMOS  
MAKEUP: JANINA DIZON  
HAIR: DAVE GRONA



**Verge**

HOW TO SOUND  
REAL SMART

Edited by **CHISE ALCANTARA**  
chise.alcantara@summitmedia.com.ph

Worldmags.net





## Luxe life

RISA AOKI ON ENJOYING ONLY THE FINER THINGS

**R**isa Aoki's family owns a yacht. We're on it. We don't get to do that often. Correct that: we don't get to do that at all. But Risa was kind enough to let us in on the experience as part of doing our job. And so we find that Risa, seemingly spoiled as she is, is a self-made

and very busy woman. She is a model and an entrepreneur running a rare whisky business. She poses and takes business calls with equal ease. She says it's all about taking advantage of every opportunity that comes your way. So we're heeding her advice; we're taking this chance to get to know her a little better...

**What got you into modeling?**

I signed up with a leading acting school and upon completion of the program, I got in touch with modeling agencies to attend VTRs. I approached modeling as though it were an acting career because I think models should know how to act in front of the camera apart from just looking good. The good thing about modeling is that I'm in control of my time. I think it's important that people explore all possible sources of income to be able to maximize your potential as a person.

**That's a very entrepreneurial mindset indeed.**

I think it's important to be business-minded. I believe in working for yourself, because no one ever really likes working for other people. It's a lot of responsibility, though, since you have to have good time management. You have to focus on the things that really matter.

**So how is working for yourself working out?**

The whisky business I'm currently running, Yamazaki Whisky Manila, is actually my first go at being an entrepreneur and I think I've managed to get relatively good at it. It's become pretty popular since it won Whisky of the Year award back in 2015 and everyone wanted to get their hands on a bottle since it's Japanese, rare, and pretty expensive so I took the chance to supply Filipino buyers some bottles.

**Yes, Yamazaki is an institution.**

**How expensive are we talking about here?**

A bottle costs P150,000. People usually buy it for special occasions. I carry bottles that are up to 18 years old, which is pretty rare even in Japan. Most of the work I do is online so I don't spend much time in the office and I get to go back-and-forth from Japan whenever I have to restock on whiskies.

**That's premium rare you've got there.**

People just like to treat themselves or their love ones sometimes. I mean, it's



not really necessary or anything, but I guess it's to make a moment extra special for people. Things are always better when you have a nice whisky in your hands, ha ha!

**It must be nice to have your own yacht and be able to lounge around like this every day.**

Ha ha! It's actually a family yacht so I can't really say I own it because I wasn't the one who bought it. Though, I must say that I'm pretty privileged to be able to experience these things. It does feel great to share memories with your friends away from the city. You can have real quality time with people out here.

**Well, yacht or not, you still seem to have it made. How do we start saving up for the things that you have?**

People wait for things to happen in their life but I guess it's about being curious about how you can improve on things that matters the most. I never really planned on having a business of my own, but I saw there was a demand for a product so I worked on expanding that concept. I really studied how to market my whisky to make my business more consistent and that's how I got to where I am now. **FHM**







## HOBBY

# Find your bestest friend

LEARN MORE ABOUT THESE DOG BREEDS AND FIGURE OUT WHICH KIND OF CANINE IS PERFECT FOR YOU

**I**t's a tired storyline dog owners have rolled their eyes at time and time again. A family buys a dog—oftentimes for the kids—without knowledge of how to care for them. Several months, thousands of pesos, and a few piss-soaked pieces of furniture later, said dog is looking for a new home.

Keeping a canine companion takes time, commitment and—most importantly—due diligence. So with this in mind, we headed over to the Philippine Circuit—one of the biggest dog shows in Asia—in hopes of shedding misconceptions and helping you guys learn a little more about a breed or two.



Words  
**Andrei Laurel**

Illustrations  
**Juno Abreu**



## The meme

No doubt you've come across the Shiba Inu—a breed that blew up the Internet back in 2013, accompanied by bad grammar, misspelled words, and the Meme-making community's affinity for comic sans.

### Hidden potential:

Shiba breeder Marian Perez tells us "they're very good with agility, and because of the lively character of the Shiba, they're very spontaneous." The Shiba's clever nature also make it a very attractive choice.

**Fun fact:** Marutaro, a Shiba Inu based in Tokyo, Japan, boasts an Instagram following of over 2.6 million people.

## The sloth

As far as couch potatoes go, very few canines are as perect as the English Bulldog. Sound asleep with a face full of folds lying dead flat on the holding area floor, they're arguably the most lethargic bunch present at the dog show.

**Hidden potential:** "They always want to lay down and sleep, but they're playful. They're really sweet," says Bulldog breeder and lover Charles Arboleda, adding that his prized mutts' exercise routing consists of an occasional five to ten-minute walk.

**Fun fact:** Still, don't mistake the breed's sluggishness for an easy, or affordable, ownership experience. Arboleda tells us Bulldogs are high-maintenance, prone to heat strokes, and cost about P100,000 per pup. Lord Seymour, Arboleda's champion, cost him a whopping P1.2 million to bring home from Spain.

## The enforcer

Do you want a guard dog, or do you want a companion? Mel Tuason, a breeder and current owner of 10 Dobermans, tells us that Dobermans aren't actually as aggressive as they're made out to be. Despite their massive size, hardened face, and frighteningly athletic physique, it's still ultimately up to the owner to mould their temperament.

**Hidden potential:** So how do you keep a Doberman from trying to murder you in your sleep? Tuason says you should give them their own, personal space, and that owners should be "mild" when handling them. "Never hurt them. Just because they're a Doberman doesn't mean they're aggressive."

**Fun fact:** If you're a gamer, you'll recognize the breed as the *Resident Evil* video game and film franchise's zombie dogs. The fictional hounds are actually Dobermans, which have been infected by the T-virus.





## The survivor

Behind the Alaskan Malamute's handsome face lies generations worth of enduring one of the most hostile environments on the planet—the Arctic.

### Hidden potential:

Jun Sunga, who's been handling Malamutes since 2008, explains, "it's not just the cold. They can actually survive with very little food." Malamutes who'd serve as Eskimos' pets needed to make do with scraps, as the good portions would go to their masters."

**Fun fact:** *The Star Wars* series' Chewbacca was actually inspired by George Lucas's pet Malamute.



## Dog lovers unite!

Each year the Philippine Circuit gets bigger and bigger. This year it had over 600 canines from 23 countries and was the franchise's most well attended leg in its seven-year history. Better not miss out on the next one, dog-lovers!



## The mystery solver

Awkward, lanky, and slow—is Scooby Doo an inaccurate depiction of the Great Dane?

### Hidden potential:

"They're intelligent. It's actually the opposite of the common perception that they're stupid," says Jomar Ignacio, a Great Dane breeder for nearly two decades. "They're actually called the Apollo of dogs, because they're very well-balanced"

**Fun fact:** "They easily adapt the habits of their owners. If an owner is lazy, they become couch potatoes," Ignacio says. The dynamic between Scooby and Shaggy suddenly makes perfect sense.

## The gentleman

While the Schnauzer may be one of the most aristocratic dogs in terms of appearance, grooming them takes a bit of work. Breeder Eric Decano tells us that keeping a Schnauzer's jacket show-quality involves plenty of plucking by hand. "It should be a wiry coat. But once you taper a wiry coat, it could soften."

**Hidden potential:** In contrast to its high-maintenance fur, the Schnauzer doesn't shed, which makes them great company for any occasion. Decano says "because they're non-shedding, they can go on your bed or on your couch," he says.

**Fun fact:** That rugged facial hair and bushy set of eyebrows isn't just for show. Its origins can be traced back to the Schnauzer's days as vermin hunters.



## The TV star

It's no surprise that owning a TV-ready Rough Collies will cost you an arm and a leg. Tyrone Talamera, whose prize-winning Rough Collies were imported all the way from Russia, says one should expect to pay between P150,000 to P180,000 for a show-quality puppy.

**Hidden potential:** Rough Collies were originally used for herding livestock in Scotland, where their thick coats allow them to cope with unrelenting Highland weather conditions. It's a trait which many find attractive in the breed, along with their loyal and calm temperament.

**Fun fact:** Being a Hollywood canine has its perks. Pal the Dog, who played Lassie in the '50s television series of the same name, was reportedly paid a sum of \$4,000 per week during the show's heyday. That's a lot of dough for a dog. **FHM**

# Hair-o-dynamics

THE PHYSICS BEHIND  
SOME OF THE MOST ICONIC  
ATHLETE HAIRSTYLES

Superior performance on the court is what sets an athlete apart from mere men. But while superior genes and years of intensive training may have the most effect, have you ever considered the odds that their rather unconventional 'dos could play a role in what makes them simply a cut above the rest? It probably doesn't make that much of a difference to be honest, but just to be sure, we got the help of Applied Physicist and Remote Sensing Analyst for the PHL-Microsat Program Mico Felicio to figure out if a good haircut really does give pros an advantage.

## Mohawk

**As Seen On:** Jeremy Lin  
So. Much. Hair gel.



**Pros:** "Think shark dorsal fins. A mohawk creates streamline and will slice through the air as a shark's fin cuts through the water for more speed," Felicio notes.

**Cons:** Will work for running in straight lines, but for a sport that involves a lot of turning? Not so much. "The larger surface area on the sides = drag, and is therefore less efficient," Felicio points out.

## Undercut

**As Seen On:** Conor McGregor  
Love him or hate him, you gotta admit: the guy can be pretty stylish.



**Pros:** Felicio explains that the shaven sides can compensate for the longer hair up top so the aerodynamics are still quite balanced. Smoother surfaces also mean less points of friction, so some of your opponent's blows may glance past your head.

**Cons:** This look has become synonymous with douchebaggery. Especially when you pull that hair back into a "man braid!"

## Hi-Top Fade

**As Seen On:** Odell Beckham Jr.  
It's the cousin of Erik Killmonger's hair, minus the dreads, plus some bleach, and paired with a nice, luxurious beard. Definitely one of a kind.



**Pros:** "For a helmet-based sport like American football, it provides added cushion to the top of your head and helps distribute pressure from external forces," Felicio says.

**Cons:** "The faded sides don't get as much protection and the beard is bound to create friction, produce heat and sweat, and will probably stink things up inside the helmet," Felicio adds.

## Cornrows

**As Seen On:** Allen Iverson, Kawhi Leonard  
Though many other players have sported this look, nobody wore it quite like A.I. That is, until Kawhi Leonard came along.



**Pros:** "Streamlined, so less drag when running. No hair in the face to obstruct your vision, better ventilation up top, and undeniably cool when worn with the right type of swag," says Felicio.

**Cons:** Easy to come off as a poser if you don't have the talent and skill to back it up.

## Ponytails

**As Seen On:** David Beckham  
The man has pretty much tried them all, including single ponytails, double ponytails, and even the half-pony style.



**Pros:** According to Felicio, "compared to just keeping your hair off your face with a headband, a single ponytail is still quite aerodynamically sound."

**Cons:** "Biplanes can't fly too fast because each tip tends to produce more drag," Felicio explains. "The double ponytail will likely run into the same issues. A half-pony is even less efficient because of the mass of hair spread out at the bottom."

## Dreadlocks

**As Seen On:** Kyle Beckerman  
Yep. This hairstyle isn't just reserved for Bob Marley fanboys.



**Pros:** As Felicio puts it: "With enough velocity, the added weight of the dreadlocks can be beneficial for headers in football because more momentum is passed onto the ball, so it can travel longer distances."

**Cons:** The weight of the hair can also cause neck injuries, muscle issues, and bad posture," Felicio says.

## Non-existent (or getting there)

**As Seen On:** Jason Kidd, Wayne Rooney, Kevin Garnett, Andre Agassi, Zinedine Zidane, and of course, the GOAT Michael Jordan



**Pros:** No drag at all, whatsoever. The air just glides right past and when sweat-slicked, it becomes slippery enough that objects (balls, hands, etc.) will just slide over it upon contact. It may even serve as a reflective surface and work as a good distraction tactic. Talk about blinding your opponent!

**Cons:** Not all dudes can pull off the "no hair, don't care" look.



Tryout all of these ballin' dos and more at **Sports Cut Barbershop** where they specialize in sports-themed hairstyles so you can channel your favorite sports idol! **FHM**



# The itch

IF YOU SCRATCH MY BACK I'LL SCRATCH YOURS



PHOTOGRAPHY: KEVIN BRENT  
MAKEUP: RIA AQUINO  
HAIR: JOSHUA GALVEZ  
STYLING AND PROPS:  
SANCHO BERNARDO  
MODEL: MARIA ISABELLA ENERIO

## Miranda 27, Makati

Being a urologist isn't the most glamorous job in the world. I examine infected male sexual organs all week; hundreds of them that I never have enough free time for myself much less a social life. So when I found out I was off-duty next Friday, I decided to go out and have fun.

I put on some makeup and my tight black tube dress. I let my friends drag me to the club and promised them that tonight I'm gonna let loose. And I did. I drank and shook my hips. My girls and I owned the dance floor.

Not long after, I could feel someone's hard-on against my ass. I turned around and came face-to-face with a very attractive man. We grinded, his hands moving up and

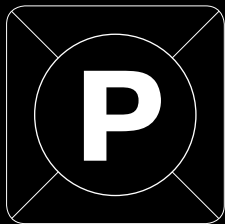
down my body. He was perfect hookup material except I couldn't help but notice how his hand would subtly reach down for his crotch. A little too frisky for my tastes.

Around the third or fourth time I caught him do it, I asked if everything was fine. "Yeah just fixing my hard-on" he replied, kissing my neck. "Wanna get out of here?" he whispered. Before I could reply, he was pulling me towards the men's restroom. Our mouths met hungrily sending a rush of wetness between my legs.

"Suck me," he pleaded. As soon as he pulled down his pants, a familiar fishy smell hit me. I froze.

"C'mon baby," he said putting my hand on his cock and feeling weird bumps and rashes around it. I exhaled, knelt down and came face-to-face with the nastiest-looking cock I've seen in my life and trust me, as a doctor I thought I've seen the worst of them.

"What's wrong, babe?" he asked. I stood up and bolted out the door. I was gagging and not in a good way. **FHM**



# Pulse

YOUR GUIDE TO  
EVERYTHING  
TRENDING

Edited by **CHISE ALCANTARA**  
chise.alcantara@summitmedia.com.ph

## THE BLACK ORDER

Thanos won't be alone in his balancing act. He'll be joined by the Black Order, a team of ruthless aliens. In the MCU, they are his adoptive children:

### Ebony Maw

In the comics: A devious intellectual who can talk his way in or out of anything

### Corvus Glaive

In the comics: The leader of the Black Order, and Thanos' most favored general

### Proxima Midnight

In the comics: A skilled and near-invincible hand-to-hand combatant with super strength.

### Cull Obsidian

Not in the comics

ASSEMBLE!

# Infinity on high

EIGHTEEN FULL-LENGTH FEATURE FILMS HAVE BROUGHT DOZENS OF COMIC BOOK CHARACTERS TO LIFE IN A UNIVERSE OF UNMATCHED SCALE. ALL OF IT LEADS TO THIS

No one and nothing has ever before achieved what the Marvel Cinematic Universe has. As of *Black Panther*, the mega-franchise is comprised of 18 films, which together have raked in over \$14.4 billion in the box office. That's the most that any film franchise has ever grossed, even beating all of *Star Wars*. That's more than the annual GDP of Jamaica. It's been nearly a decade since the MCU's first film—Jon Favreau's *Iron Man*—and immediately after we'd been witness to a Big Bang of superhero stories that span centuries and galaxies. Now, with its 19th film and the penultimate installment of *The Avengers*, the entire saga will reach its epic culmination.

*Avengers: Infinity War* will see Earth's mightiest heroes unite to battle the alien warlord Thanos, their most powerful opponent yet. Thanos is on a mission to collect the Infinity Stones, which when imbued into his gauntlet, will give him the power to "balance the universe." In the *Infinity Gauntlet* comics, Thanos does this because it is tasked upon him by the Mistress Death, who does so because the number of living things in the universe has exceeded the number that have died. However, it's uncertain (and highly unlikely) that the upcoming film will draw too much of its main plot from the comics.

Instead, the MCU's *Infinity War* will likely forge its own arc while taking some comic influences, picking up from where *Captain America: Civil War*, *Thor: Ragnarok*, *Spider-Man: Homecoming*, and *Black Panther* left off.

Words  
**Miguel Escobar**

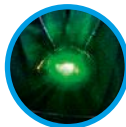


## Infinity War Predictions Bingo

B	I	N	G	O
Tony Stark will die	Loki will offer the Tesseract to Thanos	Captain America will finally say "Avengers, assemble!" on screen	Vision will die	Adam Warlock will be in the movie
Nebula will steal the Infinity Gauntlet from Thanos	Bucky will become Captain America	Peter Parker will die	Post-credits will tease Captain Marvel	All Avengers will die
The Soul Stone is in Wakanda	Steve Rogers will die	Nick Fury will be in the movie (despite reports that he won't)	At least one Avenger will die and be brought back to life	One major fight scene will take place in space
The movie will tease Spider-Man's symbiote	The post-credits will tease the Fantastic Four	Post-credits will tease the Silver Surfer	The post-credits will tease Wolverine	The post-credits will tease Ant-Man and The Wasp
Groot will forge Thor's new hammer	The Soul Stone is with Adam Warlock	Hela will be in the movie	The Defenders will be in the movie	Agent Coulson will be in the movie



**Power Stone**  
in the Orb, kept by the Nova Corps



**Time Stone**  
in the Eye of Agamotto, around Doctor Strange's neck



**Reality Stone**  
in the Aether, with The Collector



**Mind Stone**  
in Vision, on his forehead



**Space Stone**  
in the Tesseract, with Loki



**Soul Stone**  
Unknown

### THE ROLLING STONES

The Infinity Stones have changed hands several times through the span of the MCU films. Here's where they are right before Infinity War.

The first of two MCU-canon prelude comics offers the latest update on the status of Team Cap's heroes, who have been fugitives on the run after being freed from the underwater prison at the end of *Civil War*: Steve joins Bucky in Wakanda, where he's arranged with T'Challa to have Shuri remove his Hydra programming. Wanda and Vision have withdrawn to an undisclosed location together. Clint is back in retirement with his family. Steve, Natasha, and Sam continue to operate as a covert superhero team.

We know from *Homecoming* that Tony Stark is moving his headquarters to the new Avengers Facility, and that Peter Parker now has a new Iron Spider-like suit. Rhodes is presumably recovering from his injury in *Civil War*. We know from *Thor: Ragnarok* that Stephen Strange is sitting pretty in the Sanctum Sanctorum in New York, and that both Thor and The Hulk are on a ship headed back to Earth (before being intercepted by Thanos's ship, the Sanctuary II, in the post-credits).

So there's obviously a lot of ground to cover in Infinity War, with over 60 MCU characters (72, according to a recent interview with Chris Hemsworth) to shuffle around and rotate. But considering that the film is under the capable direction of Joe and Anthony Russo, who also made the last two *Captain America* films, we're not worried about the movie delivering on its promise of greatness. We're more worried about the Avengers themselves, and whether or not they'll all make it out of this next installment alive.





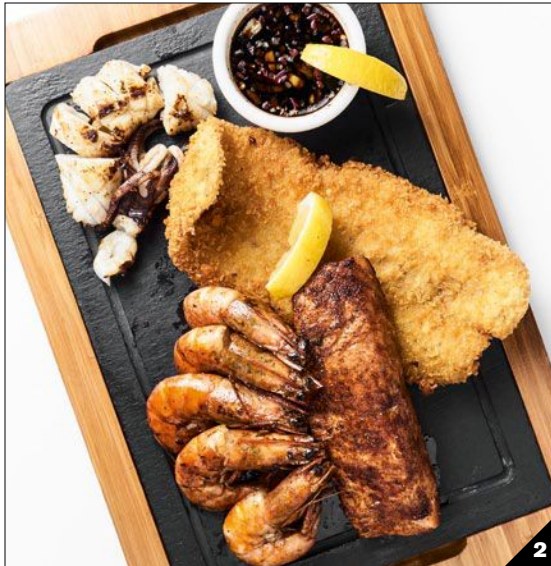
WORDS: JOHN PAULO AGUILERA  
PHOTOGRAPHY: JONATHAN BALDONADO

## (LSS) Lenten seafood syndrome

THE SEASON OF PENITENCE HAS SPURRED THE RELIGIOUS COLLECTIVE  
TO CHANGE THEIR WAYS, INCLUDING FOOD CHOICES.



## DIRECTORY



### FISH

1

#### NHA EM

Rather than go for the usual sizzling or grilled fillet, the Vietnamese joint offers the Ca Chien Cuon Banh Trang or its "catch of the day." A fried pompano, said to be the world's most edible fish, ranges from P999 to P1399, depending on size. Another filling favorite is the Tom Kho Tau (River Prawns in Roe Sauce) for P595.

### SHRIMP

2

#### MAMMA MIA

Speaking of crustaceans, nothing beats peeling the shell off shrimp. But getting those hands icky with just the orange portions isn't enough, so the Italian restaurant threw in other undersea creatures in the Mixed Seafood Platter (P1340). For someone who is really into seafood mixed bags, their Risotto Alla Pescatora (P410) is perfect.

### CRAB

3

#### THE RED CRAB ALIMANGO HOUSE

The place with the most obvious name has obviously mastered the art of clawed culinary, particularly its Szechuan Crab dish (P248/100g). The healthy serving is made flavorful by leeks, ginger, and of course, the dripping Chinese sauce. The gruelling task of cracking hard shells then pulling that juicy crab meat has never been more rewarding.

### SHELLFISH

4

#### BONDI & BOURKE

Known for its succulent steaks, the comfort food spot specializing in Australian cuisine has a solid seafood selection that is often overshadowed. Bondi & Bourke's Seafood Linguine (P695) is a tangy treat for pasta, prawn, and clam lovers. Fans of freshwater fare will also find their Australian Snapper Filler (P945) quite satisfying.

### SQUID

5

#### BIG BAD WOLF

No shame in getting that black in all over your pearly whites if it means getting your fill of smoked oysters, market seafood, and cilantro marinara via the Seafood Squid Ink course (P440). The resto-cum-bar has a thing for tentacles—its Baby Squid Adobo (P410) is complemented by the smoked potato gnocchi, tomato, squid ink broth, and nuts. **FHM**

**Nha Em**  
3F, Uptown Place Mall,  
36th Street Corner  
9th Avenue, Bonifacio  
Global City. For inquiries  
or reservations, contact  
09177377455

**Mamma Mia**  
Upper Ground Level,  
Uptown Place Mall,  
36th Street Corner  
9th Avenue, Bonifacio  
Global City. For inquiries  
or reservations, contact  
(02) 541 8933

**The Red Crab**  
G/F Eastwood Mall,  
Eastwood Ave,  
Bagumbayan, Quezon  
City. For inquiries or  
reservations, contact  
(02) 822 5833

**Bondi & Bourke**  
Forbes Town Center,  
Unit A4, Forbestown  
Road, Burgos Circle.  
For inquiries or  
reservations, contact  
(02) 866 5518

**Big Bad Wolf**  
Forbestown Road,  
Burgos Circle.  
For inquiries or  
reservations, contact  
(02) 822 5833

COVERSTORY

B E C

T H A T W A S B U B B L E G A N G G I R L

F A M

S H E S T A R T E D O U T I N S H O W B I Z .

Worldmags.net





O M E

*Lovely Abella*'S M A N T R A W H E N

O U S

S T I L L I S



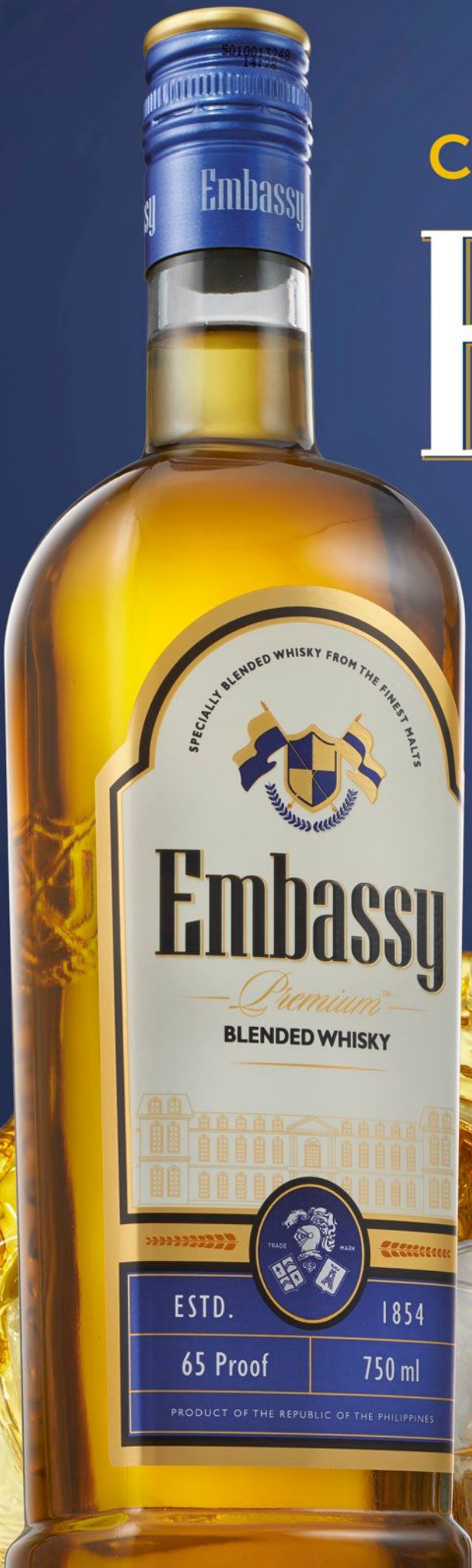
PHOTOGRAPHY  
XANDER ANGELES  
OF EDGE OF LIGHT

Worldmags.net



**WORDS** JUJU BALUYOT ★ **STYLING** JOHN PAUL DIZON  
**MAKEUP** JASON DELOS REYES FOR NARS COSMETICS ★ **STYLING** MARK ANTHONY ROSALES





CHILL MUNA TAYO with

# Embassy

*Premium*<sup>TM</sup>

**BLENDED WHISKY**

**Embassy**

*Premium*<sup>TM</sup>  
**BLENDED WHISKY**

ESTD.

1854

65 Proof

750 ml

PRODUCT OF THE REPUBLIC OF THE PHILIPPINES

For 18 Years Old & Above Only. Drink Responsibly  
ASC No. T119N031518E







Worldmags.net

ow badly must you want to be a star to actually become one?

In the case of Lovely Abella, she wanted it so bad since she was eight she was going to shed all her shyness for it, and that was the first thing she did when she set foot in Manila.

"Eight years old ako noon, nag-audition ako agad," Lovely shares, recalling the time when she first arrived in the capital coming from a humble town in Koronadal City, South Cotabato. To prepare for auditions, "humaharap ako sa salamin, umiiyak ako. Pinag-aaralan ko kung paano umiyak... Bata pa lang, emotera na ako, ganun!"

Like many dreamers before her, she thought show business was a way

out of poverty. "Mahirap ang buhay namin [back then in Koronadal]. Tipong kukuha ka lang ng gulay sa bakuran niyo, yun na yung ulam niyo. Yung pupunta ka sa tindahan, bibili ng sardinas. Na-realize ko na ang sitwasyon namin sa probinsya ang nagbigay sa akin ng pangarap sa buhay. Eh sa probinsya, wala namang ibang libangan doon kundi kakanta ka o sasayaw tapos maaaliw sa'yo ang mga kapitbahay, sasabihin sa'yo, mag-artista ka!" Lovely says.

It took a while, though. But when you've been through only rejections since you were eight, it couldn't have come quickly enough—even if it was only for becoming an "extra." "Unang extra ko, 15 na ako nun. Hindi ko na maalala kung anong project."

Lovely remembers the time when she thought she had already gotten her big break. She received a call from a talent scout and said that she would be given some lines this time. Having dreamed of this day all her life, she quickly said yes.

Ang talent fee raw, P2500. Eh nag-start ako sa P250 lang! Ang saya ko! May dialogue ako for the first time," Lovely recalls. "Eto na!...sisigaw lang pala ako ng 'Aaaaaaaaahhhh!!' Jusko! Sisigaw lang pala ako tapos puno yung kukuhanan! Yun lang yun, sisigawan ko lang pala yung puno! Pero P2,500!"

All while she was recounting stories, we couldn't help notice her way of spinning her yarn into a colorful ball of funny details. She kept on building on a story, delivered with actions and all. Lovely is, as we would say in kanto-speak, the self-appointed bangka ng kwentuhan.

"Eto na, model naman ng Star City! Alas-tres ng madaling araw nandoon na ako. Sabi, 'Neng, P250 lang to ha.' Sabi ko okay lang kasi gusto ko talagang maging artista. Sig, laban ako! Star City, eto na. Ang dami pala namin doon! Jusko, nandoon ako sa ferris wheel! Ikot-ikot ako ng ilang beses doon! Kakaway ka kapag nasa itaas! Ay jusko, takot ako sa heights! Mula 3 a.m. hanggang 2:30 a.m. kinabukasan! Pero dahil nga gustong kong makita sa TV, laban talaga ako!"

If you stubbornly keep at something, pretty soon some kind of good will have to come out of it. For this he has Michael V. to thank.

Bitoy's Funniest Videos kay Kuya Bitoy [Michael V.] talaga ako nag-start," Lovely says. It was a hit gag show on GMA 7 similar to many "Funniest Videos" shows with hidden cameras and pranks. Lovely's first "starring role" was acting as a massage therapist in Boracay, pranking customers at the beach.

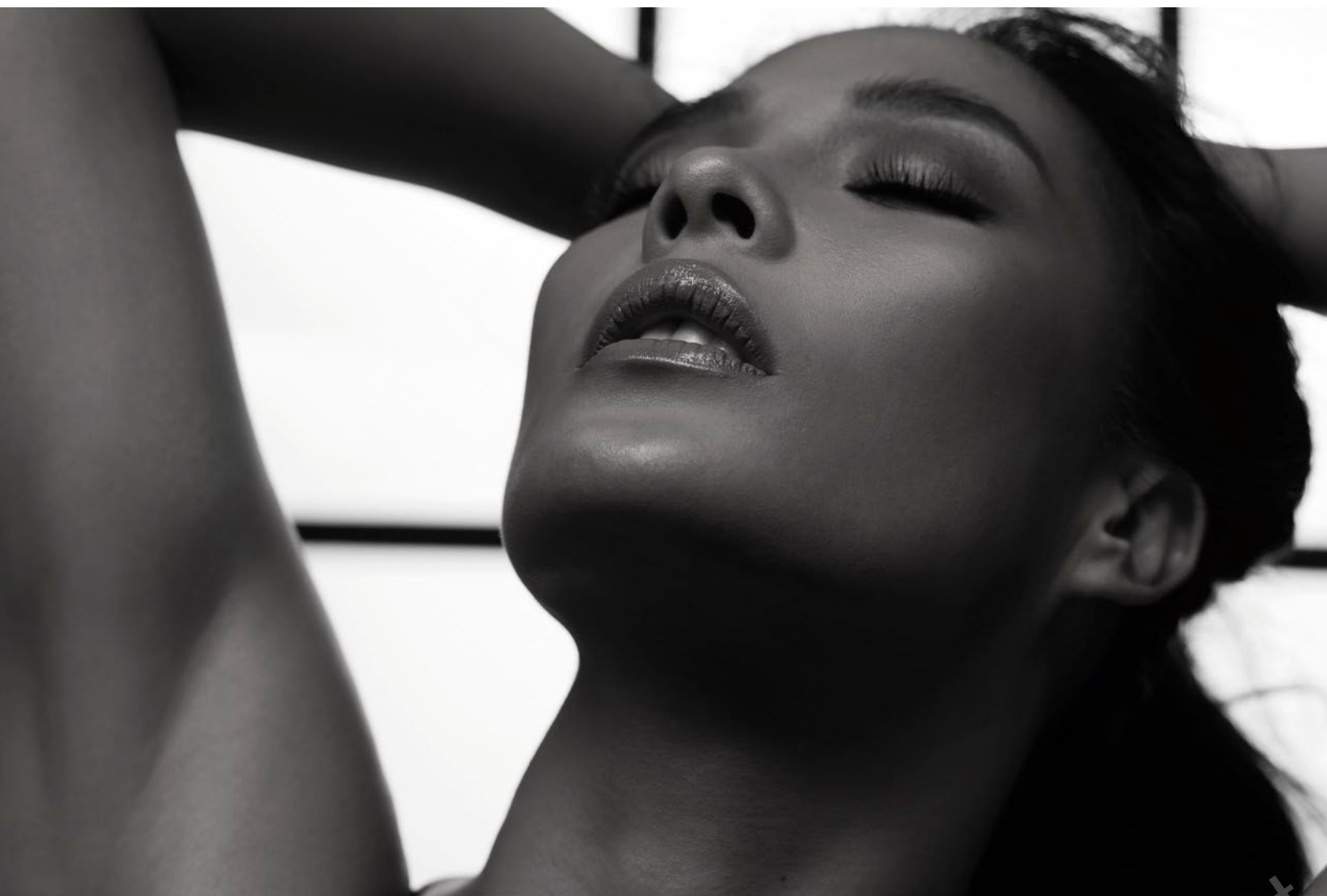
That stint, no matter how minor, opened doors for Lovely. She was noticed by talent scouts and later on got a slot in the pool of dancers in Wowowee, a then-popular noontime variety show in ABS-CBN where sexy dancers had fortune boxes with cash prizes in them. And when the show folded, she went back to GMA to look for another break.

"One time, nagkaroon ng Sunday Pinasaya audition tapos [during my audition] lahat ng judges o mga producer, lumabas. Sabi nung mga nag-o-audition na artista na kasabay ko, kapag lumalabas daw, hindi ka raw tanggap. So kinabahan na ako!" Lovely says, pausing for a while as though to add some suspense. "Pagbalik ng mga producer, sabi ko, 'Hindi ninyo po ba ako namumukhaan? Kasi dancer po ako rati. 'Hindi,' sabi naman nila. 'Ilongga dancer po ako.' 'Ah talaga, Ilongga ka? Oh sige nga, try mo mag-audition ng Ilongga.' Ang ginawa ko, sumayaw ako habang nag-i-Ilongga. Umiiyak ako, nagmamakaawa ako sa salitang Ilongga. Ganyan! Yun yung rason kaya nandito ako ngayon."

Right then, she had stumbled into a comedy act that would land her the racket she had chased for so long. "Napanood ako ng head writer ng Bubble Gang, si Direk Caesar Cosme, sa Sunday Pinasaya. Pinag-guest nila ako. Sa lahat ng sketches na binigay nila sa akin, talagang nag-effort ako, kasi hindi pa rin ako makapaniwala nung nandoon na ako."

Lovely's efforts paid off, obviously. Now, she can include herself among the A-list Bubble Gang Girls who have earned their spot on the cover of our magazine, joining the likes of Kim Domingo, Valeen Montenegro, and Andrea Torres, among others.







Worldmags.net





Worldmags.net



Worldmags.net













**L**ovely is busy these days. Her normal week includes *Bubble Gang* tapings every Monday, *Sunday Pinasaya* rehearsals on Saturdays, and *Sunday Pinasaya* live tapings on Sundays, all of which run for long hours of throwing jokes, doing funny acts, and basically just exhausting themselves out to be funny and look good on TV.

*"Hindi talaga madali ang tapings namin sa Bubble Gang. Mukha lang siyang madali, mukhang masaya, pero mahirap siya. Mahirap magpatawa para sa TV ha,"* Lovely says.

Lovely is humble enough to say that she acknowledges that the "big break" hasn't come for her yet. But she is working on it. Recently, she's been undergoing drama workshops and has also been appearing on some drama shows.

*"Hindi ako nananawang matuto. Hangga't maaari, nag-aaral ako nang nag-aaral para matuto pa ako kung paano pa ang pag-arte nang maganda. Hindi ako yung parang 'Umarté ka dyan, okay na yan.' Hangga't maaari, kakausapin ko si direk. 'Direk, pwede pa po bang [retake]?' Kasi alam kong may mailalabas pa akong maganda."*



Lovely also says that even until now she still gets surprised and overwhelmed every time anybody acknowledges her as Lovely Abella. “Kasi alam ko hindi pa naman ako big star talaga eh, alam mo yun? Pero nakakatuwa lang na minsan may nakakakilala pala sa akin, haha!” she says, blushing.

“One time kumain ako sa lugawan. Sabi ng nagse-serve, ‘para pong namumukhaan ko talaga kayo.’ Hindi siya makapag-serve kasi alam kong may gusto siyang sabihin. Pero yung anak niya, sabi, ‘Ma, si Lovely yan!’

“Kapag may mga out-of-town shows ako, talagang bumababa ako sa mga tao. Kapag nakikipag-shake hands ako sa kanila sobrang saya ko talaga na syempre dahil sa kanila kaya ako nandito,” Lovely says.

Our cover girl adds that her humble beginnings in showbiz keep her feet on the ground. “Kaya siguro ako ganito kasi nag-start ako as extra. Nakita ko kung paano yung buhay. Nakita ko yung nakasalpak lang kami dyan sa tabi kasi wala kaming sariling tent. Kumbaga alam ko yung pagod ng mga malilit na tao.”

So Lovely promises—well, at least to us at *FHM*—that she won’t change, whatever her showbiz career brings to her. “Kung sakali mang sumikat ako nang sobra, mas mamahalin ko pa rin yung mga taong walang wala sa buhay kasi alam ko ang nararamdaman nila, kasi nanggaling din ako roon at hindi ko yun tinatago. Proud ako.”





Worldmags.net





lovely's eyes  
light up  
when we ask  
her about her  
vlog.

“Nag-e-  
enjoy ako  
kasi feeling  
ko roon sa  
channel ko,  
magagawa  
ko lahat.  
Hindi  
naman ako

nabibigyan ng opportunity na  
mabigyan ng dance prod na sarili—  
at least sa channel ko, may sarili  
akong dance prod! May backup  
dancers pa ako di ba! Hindi naman  
ako nabibigyan ng opportunity na  
kumanta ng Ilongga version *katulad*  
ng ginawa ko yung ‘Hayaan Mo Sila’  
in Ilonggo. *Hindi ko yun magagawa*  
sa TV pero doon [sa channel ko]  
*magagawa ko lahat.*”

As you can probably already tell,  
Lovely is hyped up with everything  
she does, this first solo cover shoot  
included [her first cover was the  
*Bubble Gang* special last year].  
During the shoot, Lovely fell into  
the difficult poses photographer  
Xander Angeles asked her to do as  
though she had rehearsed for it.  
Valeen Montenegro, who dropped by  
the shoot, joked as she saw Lovely  
lying down on a couch with legs up  
in the air. “Lovely! *Nalingat lang ako*  
*sandali, nakaganyan ka na!*” In a  
word, *kinareer*.

“Hindi ako pumunta rito para  
makipaglokohan, hindi para  
makipagbiruan, kundi for *FHM*  
photo shoot *talaga*,” Lovely says  
resolutely. “Ni-ready ko ang sarili ko  
para rito. Ang difference nito dun sa  
*Bubble Gang* cover namin noon, ito  
may hugot. Masaya lang kami doon  
sa last cover, may mga lobo...ito may  
pa-black and white eh! **FHM**



Worldmags.net





Worldmags.net



Worldmags.net





# FEELING IS EVERYTHING

PREMIERE Vixen Essy Lee's advice? Take her to greater heights and make her feel every single bedroom move with an ultra thin condom for a more sensitive feel. It's **#AlwaysAFunTime** with PREMIERE Ultra Thin.



**PREMIERE**  
ultra thin

Always A Fun Time

[www.premiere.com.ph](http://www.premiere.com.ph)



@premierecondoms

TRUST

dkt





# RAINBOW EATS

THERE'S PROBABLY A GOOD REASON WHY FOOD HAS COLOR. IF THEY WERE ALL THE SAME SHADE OF BLUE IT WOULD BE LIKE CONSUMING PLASTIC. TURNS OUT YOU NEED A WHOLE SQUAD OF COLORS TO EAT RIGHT

WORDS  
ALLAN P. HERNANDEZ

ILLUSTRATION  
BORG SINABAN

## 01 WHITE



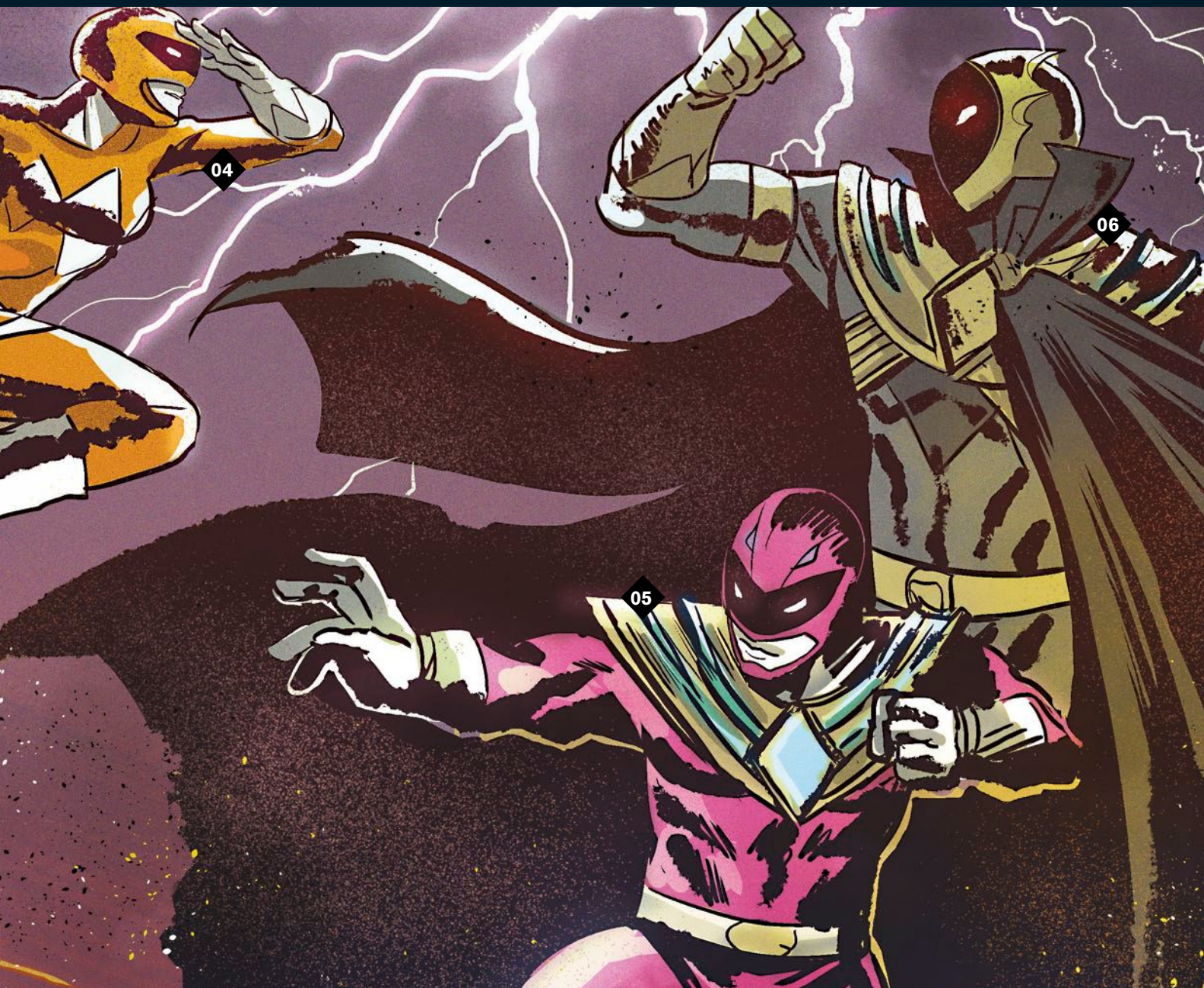
You would think that since the color is associated with purity, then it should translate to good health. Not if we're talking about too much rice. "A lot of rice translates to excess calories. Eventually it will be stored as fats. Unli-rice also increases the risk for diabetes," says Jemely Mangosan, dietician at The Medical City, Pampanga.

## 02 GREEN



Nature probably packed all the good stuff in green hoping you'd be tempted to eat what she had blanketed the earth with. "The green in vegetables is rich in vitamins B complex, K, and C," Mangosan says. B is for making new cells; K is for bone health; C is for immunity. *Ampalaya* and *okra* have them all but you're not eating them, which we can fully understand.



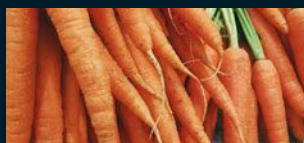


## 03 RED



"A red color means it is rich in flavonoids, also called antioxidants," Mangosan says. Wine! "Antioxidants limit cellular damage," Mangosan adds, which means the longer your cells function well the longer your body is bonded together, because cells are your blocks. But also beef! "Good because of protein and fats; bad if too much because of the fat. More red also means more uric acid—possibility of gout," Mangosan says.

## 04 ORANGE/YELLOW



Carrots for carotene. "Carotene is basically Vitamin A, which as we know is for good vision. So if you mix the green of the leafy vegetables and the orange and yellows of carrots and squash, you're on the road to a balanced diet," Mangosan says.

## 05 PINK/OR SOME ARTIFICIAL COLOR



Pink, or some other psychedelic food color, is not made by nature, but by lab rats. According to the American Cancer Society (ACS), artificial food colorings were first made from coal tar, then later they switched to petroleum. Isn't that where gasoline also comes from? But apparently, we eat with our eyes. Hotdogs are red because of food color, but they are, in fact, gray, according to the ACS.

## 06 BLACK



The color of delicious char from grilling and barbecue. Bad. "Charred meat from the grill or barbecuing is a proven risk factor for colon cancer. Remove it," Mangosan says. Awwwww! FHM

Worldmags.net

**WILL EXPLORING THE RESTRICTED LAYERS OF  
THE INTERNET THAT HOLD THE MOST VOLATILE, DANGEROUS,  
AND CONFIDENTIAL INFORMATION OUT THERE FINALLY  
BRING THE TRUTH TO THE SURFACE? WE JOURNEY**

# INTO THE DARK

WORDS: MARIANNE SALAZAR

**THE WORLD YOU KNOW**

Versus the world they told  
you not to worry about...



Worldmags.net



# WEB LAYERS

## Surface Web

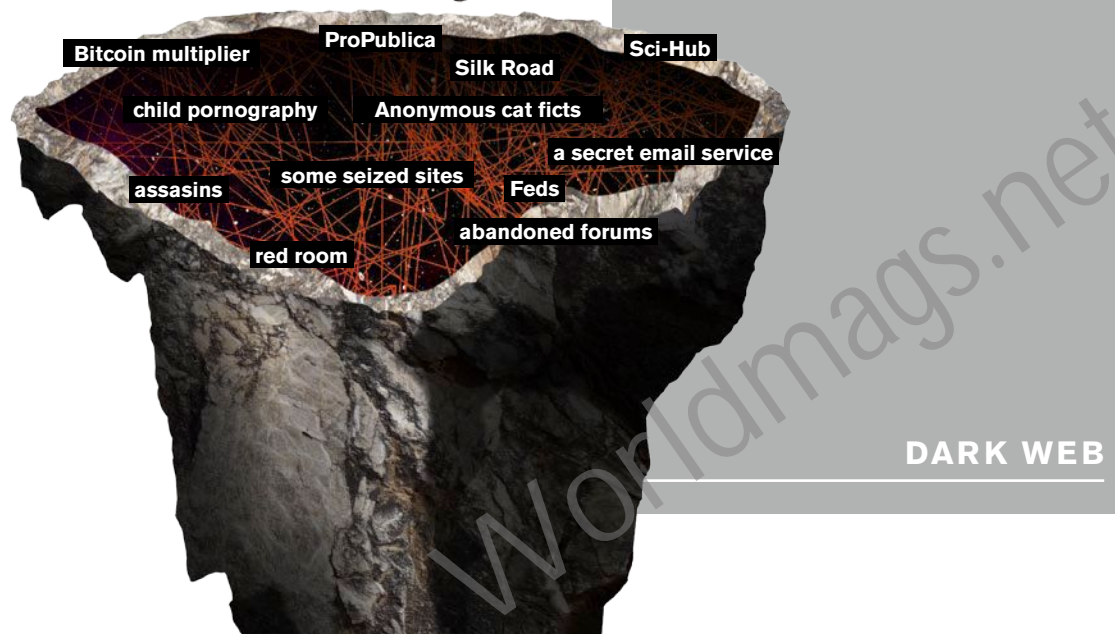
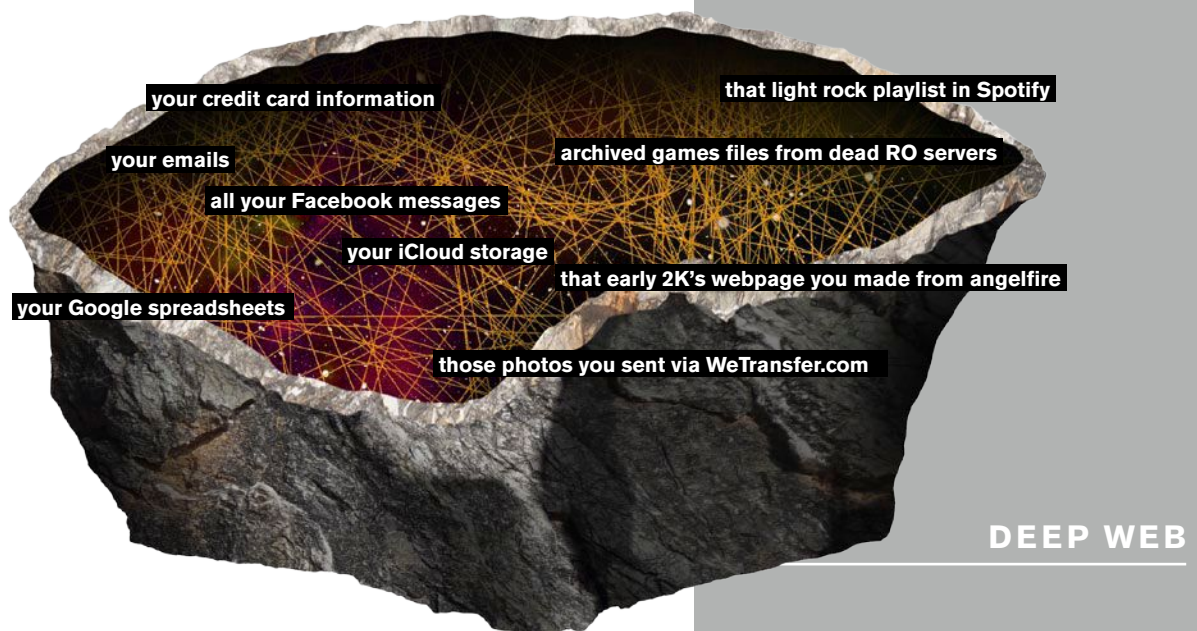
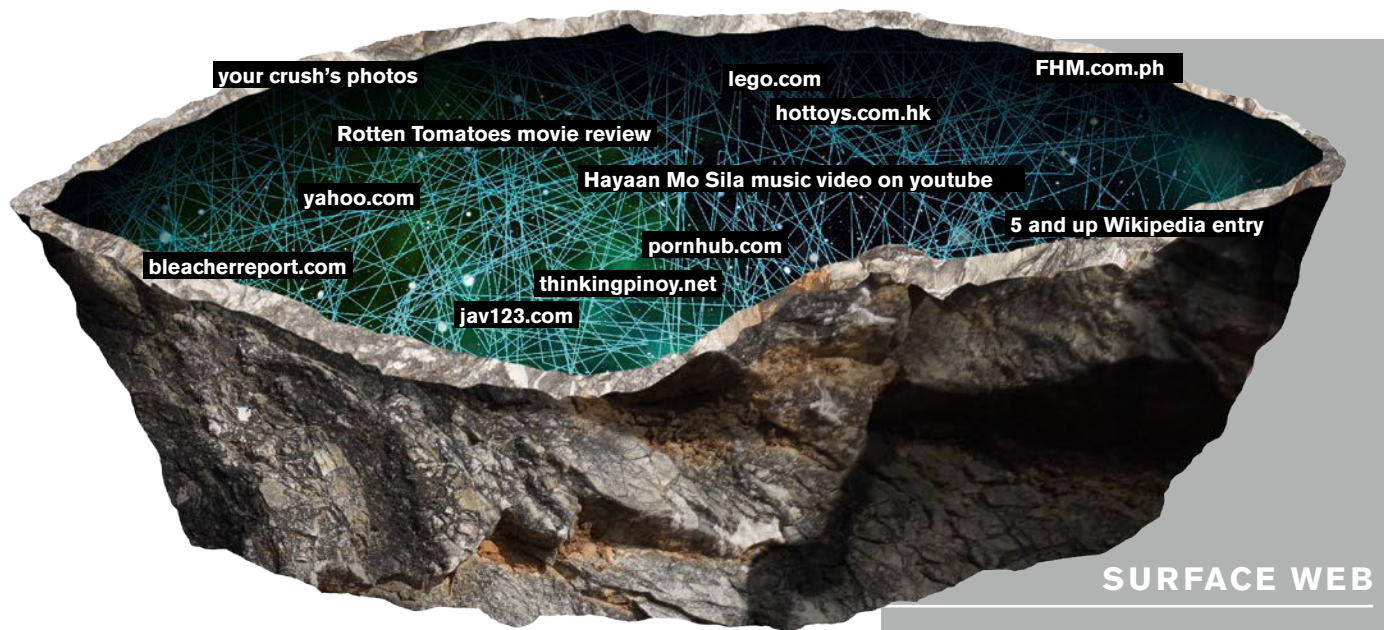
Web-based that can be indexed by search engines like Google and Yahoo. The articles you can read on *FHM.com.ph*, for example, are on the surface web.

## Deep Web

Web-based content that are coded so they can't be indexed by search engines. The Deep Web is way bigger than the surface web, and it isn't as nefarious as you might think it is—a large chunk of what you'll find there are image galleries, staging websites, unpublished content, or archived pages. The backend of *FHM.com.ph*? Part of the deep web. The spreadsheet you made on Google Sheets? Also part of the deep web. Same goes for pages that can only be accessed during a specific timeframe or via a unique URL, like *WeTransfer.com* download links. It's mostly harmless, really.

## Dark Web

This is the underbelly of the deep web, where all the scary stuff happens. Dark websites can only be accessed by special software that let users surf in total anonymity—which is very important, because you never know who might be watching you over there.







## DARK WEB USERS

**Dealers and buyers** The Silk Road was a notorious dark web marketplace where you could buy and sell “strange” substances, firearms, credit card numbers, and other illegal stuff. In 2017, a six-person international drug trafficking organization was caught by the FBI for manufacturing fake prescription drugs made from Fentanyl through the dark net.

**Pervs and psychos** The dark web is notorious for being a hotbed of child porn, animal abuse, torture, and other downright disturbing stuff. The FBI used new hacking technology to take down *Playpen*, a bulletin board-type child porn site established in 2014.

**The cops** Given all the sketchy folks you can find on the dark web, it's safe to assume that every other person you encounter there is from the FBI. And make no mistake—they're very good at tracking people down. “The Dark Web is actually crawling with a lot of Law Enforcement and so-called security researchers looking for “Threat Intelligence” (the new buzzword in IT security) and if you don't know what you're doing, it is easy to get busted,” says our source, a hacker who goes by the name Chikkb0y. “First rule of not getting caught is not to do any illegal activities in the first place.”

**The media** The anonymity the dark web provides makes it a great place for journalists to receive and share sensitive information. “An investigative reporter or a source of documents exposing corruption in the government may use the Tor network to hide his/her identity,” says Chikkb0y.

**People whose lives are in danger** Whistleblowers like WikiLeaks' Julian Assange, activists with powerful enemies, as well as victims of domestic abuse and stalking, consider the dark web as, ironically, a safe place where they can get help without being easily detected.

**People who just want to browse the web anonymously** There are also folks who don't really belong in the categories mentioned above: They're just normal people like you and me (but maybe a bit more paranoid) who want to surf the web without worrying about being tracked by the FBI.



## SOME THINGS IN THE DARK

### Online marketplaces

Here, you can buy and sell stuff ranging from the questionable-but-legal items like Soviet-era AK47s to downright illegal items like bomb components and pure-grade opium. The most notorious of these is the *Silk Road*, whose creator Ross Ulbricht, was sentenced to life in prison in 2015.

**Try to visit:** *Dream Market*

### Financial services

Cryptocurrency is used the dark web, and there are plenty of laundry services there.

**Try to visit:** *HQER* (High Quality Euro Replicas)

### Special Services

Need a hacker or an assassin, by any chance? For \$15,000 you can find a guy who can do the job (for a fee, of course).

**Try to visit:** *Jobs4hackers*

### Advocacy sites

Sites against oppressive regimes that will be most likely censored on the clear net thrive on the dark net. Remember *WikiLeaks*?

**Try to visit:** *ProPublica*

### Scientific research and journals

Remember how frustrating it was to look for studies back during thesis? Dark web lets you access a ton for free.

**Try to visit:** *Sci-Hub*

### The darker stuff

“There are forums and chat rooms devoted to child pornography, cannibalism, torture, and murder,” says Chikkb0y.

**Try to visit:** DON'T DO IT. DON'T.





encrypted message

router E key

router D key

router C key

router B key

router A key

source



# HOW DARK WEBSITES WORK

"Most sites on the dark web hide their content by using "onion" addresses, which got their name from the layers of encryption that are wrapped around their data, making it difficult to decipher them. Onion routing software encrypt data sent from your computer before sending it to several nodes, each one adding another layer of encryption to your already encrypted information. Since the data is extremely protected, each node will only know two things: the last node from which the data was sent, and the node which it will be forwarded to. The final node will decrypt all the layers of encryption before sending the data to the destination, and the recipient will have no clue as to where the information really came from," says Chikkboy.

## ACCESSING THE DEEP WEB

"The sites in the Dark Web are not well indexed," says Chikkboy. "You should be able to get dark web sites through referrals in forums like reddit and 4chan."

If you want to access a dark website like *Silk Road*, you can only do so using special software that can decrypt onion addresses. The most famous one is Tor, which stands for "The Onion Router." It's actually easy to install Tor—just

download it from [www.torproject.org](http://www.torproject.org) for free, install it, and fire it up. If you don't want to use Tor, you can try I2P (Invisible Internet Project) or Freenet. Using a VPN (Virtual Private Network) is also recommended



so you can browse online without worrying about your data being intercepted by cops, criminals, or hackers.

"If you must browse, [you should] have a separate computer solely used for browsing the Dark Web, with an encrypted hard drive refreshed/formatted frequently," adds Chikkboy. "[You should connect] only via prepaid mobile data from a place far away from your house."

## A DARK DARK WEB STORY

Chikkboy the hacker shows us why we should never trust computer cameras

"Last year, we were tasked to be on the look out for credit card dumps and was browsing a market place when we stumbled upon a seller of compromising videos and pictures of regular people recorded from hacked web cameras and extracted from their smartphones. We were able to track the person in the sampler pics and to her surprise, she wasn't even aware that her phone was hacked." FHM

# THE SECRET LIFE



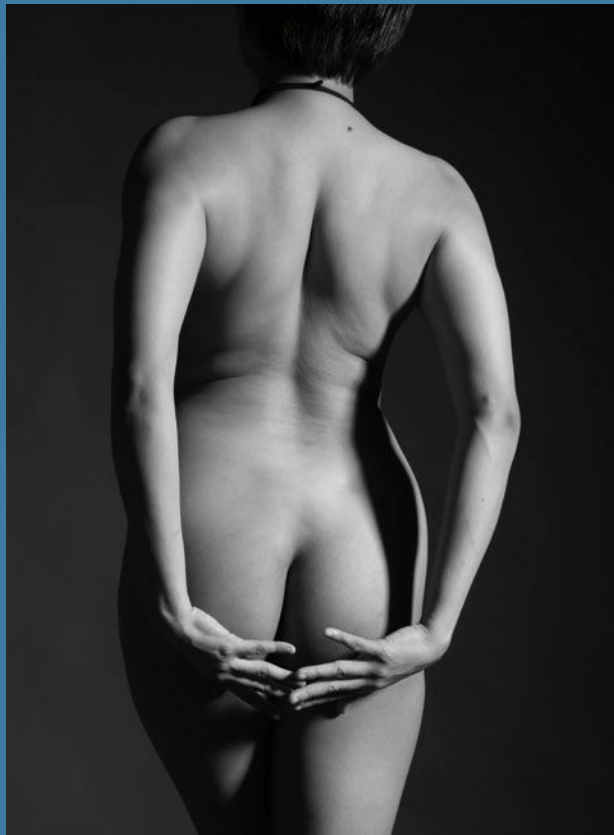
ARE YOU READY  
TO LEAP RIGHT  
INTO THE  
VIRTUAL RABBIT  
HOLE OF THE  
SEEMINGLY  
LEWD AND THE  
OBSCENE?

WORDS  
RIA ESGUERRA

Worldmags.net



PHOTOGRAPHY  
RIA REGINO  
OF FAT CAT STUDIO



# OF AN

# ALTER

**L**og on to Twitter and you'll instantly notice the undeniable: the Twittersverse feels like a completely different world from the physical one or even the social media bubbles of Facebook and Instagram. While scrolling through your timeline, it's not unlikely that you'll stumble upon content that you probably didn't expect to come across. This is due to the platform's unfiltered nature, coupled with its strong culture of sharing. And if you happen to follow the right people, you may even come across a few "dubious" faceless accounts engaging in questionably "deviant" behavior.

These are alter accounts and their content ranges from tantalizing silhouettes, titillating stripteases, no-fuss handies and blowjobs, to straight up penetration—things that are bound to offend some sensibilities, so they generally cover or hide their faces. You’ve probably watched some of them and thought they were pretty hot, but we’re here to tell you that this story goes so much deeper than accessible amateur porn.

I feel like for you to be considered an alter, you have to either produce your own content or *nagko-consume ka ng* content *namin*.”

Amanda produces her own content and is one of the more popular female alters despite only putting up her Twitter account in 2017. “I started my alter *kasi* I used to have self-esteem issues. Attention and validation *ang* currency *sa* Alter,” Amanda says.

There’s a sense of liberation in knowing that you



**A**lter is a community built on exhibitionism, voyeurism, and hookup culture. Its members—alters, as they call themselves—create accounts that are for the most part, anonymous, and post sexually explicit images and videos that toe the line between erotica and pornography. It’s primarily dominated by gay men, but that’s not to say that there are no female alters, as 25-year-old Amanda\* proves.

There are no clear rules for being an alter. As Amanda explains: “A lot of people’s definitions of Alter centers on anonymity. If you shed the anonymity, *hindi ka na* part *namin*. I don’t see it that way, but a lot of alters do.

can express your sexuality freely without fear of being condemned. And as Amanda declares, “If we lived in a world where I wouldn’t be judged, I would much rather be Amanda. Amanda is everything I want to be, ha ha.

“*Sa Alter din kasi*, aside from thriving on anonymity, *nagfo-flourish siya dahil sa mismong kawalan ng* rules *na* set in stone—*na* you can do whatever the fuck you want and for other alters to police you about what you do, off *talaga yun*,” Amanda adds.

Despite this lawlessness, there are still some practices that are greatly frowned upon by alters, which include, outing other alters’ identities, sharing privately sent nudes

\* Name has been changed



without consent, and content involving minors.

Looking at alter follower counts, the highest to date is in the hundred thousands. And as Assistant Professor at the UP Diliman Department of Broadcast Communication Data Tolentino-Canlas, who also specializes in New Media Studies, observes, this presents a conflict given alters' professed value for anonymity. "They're using it as a platform to practice radical sexuality. On the one hand, you wonder if they do want to be seen. Where do you draw the line between

immediate consequence to their 'real' lives."

This is why the Alter community had very polarizing opinions about how they should handle this interview. "Super *naging* issue *nitong* pag-agree ko na magpa-interview at mag-pose rito sa FHM," Amanda confesses. "Maraming supportive, pero marami ring nagalit. Nagkaroon ng pulling of ranks na parang, 'Bakit hindi ako yung in-approach?' o kaya, 'Oh, the older alters wouldn't approve of this.' This issue made the quiet rivalries come



anonymity and fame, then?" Tolentino-Canlas asks.

"The more you post, the more 'dangerous' it becomes for your identity," Amanda concedes. "*Pero iba kasi ang gratification na makukuha mo. Hindi mo makakaila na if you post a picture that a lot of people like, nakakatuwa.*"

**T**olentino-Canlas says that having anonymity changes how individuals present themselves on the Internet from how they are in their everyday lives. "This part of the web has become, more than expression, a space for experimentation for alters since whatever they say or do on the Internet has no

out. A lot of gay alters were offended by my participation in this article. They started calling me a famewhore—a slur *na binabato* towards alters that actively seek fame outside of the community.

"It's petty, but I understand their reservations about doing this because this kind of media coverage could greatly endanger members of the community by inadvertently inviting prying eyes of outsiders, which has happened before," Amanda confessed. "I think *naging* strong *lang yung* reaction kasi we felt helpless. We don't want to be exposed to the public, but because of the nature of our growing community, we really can't [do anything

about it]. I accepted this interview so that the community [through my input] could have some control over how we are represented in mainstream media. We didn't have the same opportunity before when a news program aired a segment on us. They made it seem like Alter was purely pornographic in nature and the tone of the article was also very derogatory. We just didn't want that to happen again."

Amanda recalls how she's actually had the chance to play SexEd teacher to clueless followers on a number of occasions: "I used to have my Curious Cat account (an app where you can ask a person questions while maintaining anonymity) open and I would get a lot of questions about sex. It's simple things like, 'If we had sex na hindi siya nag-condom, buntis na ba ako?' Ang dami sa kabataan natin na hindi nila alam yun tapos sa'kin pa nila



**E**xhibitionism is a term that Amanda uses to describe her activities as an alter, but she clarifies, "we're not exhibitionists in the sense na flashers kami, ganyan. I feel like Alter has a lot more depth than that. And definitely walang excitement from the risk of being caught *dito sa* Alter. Personally, I feel like I benefit from being an alter because it allows me to express my sexuality in an artistic way—in a way *na hindi ako na-o-objectify* by other people's terms. There's this misconception about Alter *na* it's very self-serving, and a big part of it is, *pero* we do some good *din*," Amanda adds.

*natututunan*, so *parang* Alter is useful in that way to the rest of society. *Kakulangan kasi yan ng* educational system *natin eh*. Like, I shouldn't have to be telling everyone to use a condom all the time."

**C**oming from an exclusive Catholic school, one can only imagine the judgment that Amanda had to go through having been discovered numerous times. "*Nahahapan ng mga* high school batchmates *ko yung* alter account *ko* and *chini-chismis* nila ako na, 'O, may batchmate pala tayong

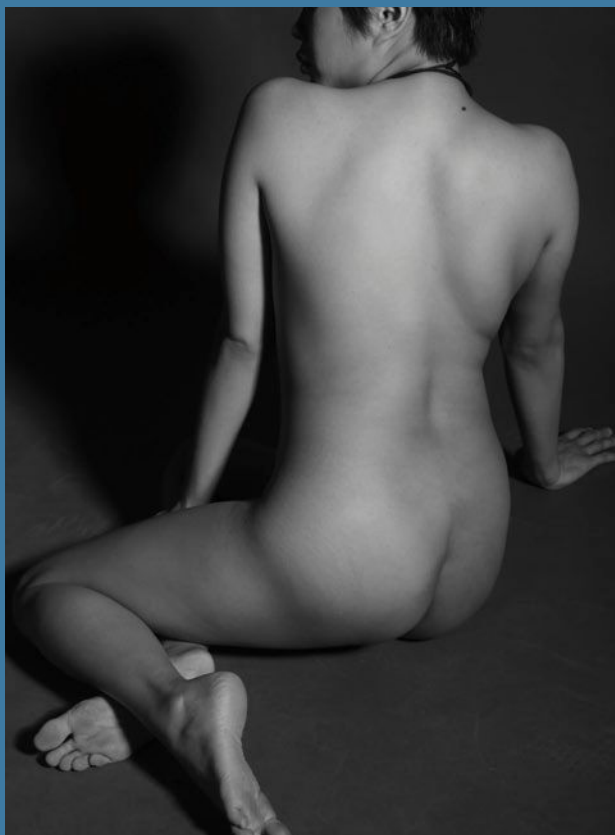


porn star!” she shares. “At this point, I’m desensitized to that kind of mocking already, *pero siyempre may fear pa rin* of my family finding out. *Kasi kapag nalaman nila yun*, they’ll kick me out of the house.”

Yet, even with those risks, Amanda still keeps coming back to Alter. For her—and most members of the community—“it fulfills a complex need to be accepted and understood. Alter is where people show *kung sino sila sa*

reactions so when I discovered there was such a thing as alter, I knew it was something I would enjoy doing. *Isipin mo, imbis na isa-isa ko pang ise-send sa mga nilalandi ko yung nudes ko, ili-link ko na lang sa kanila Twitter ko*,” Amanda says.

Apart from gaining a massive following of horny men, Amanda also attracted female followers because of her content. “*Marami ring babaeng alters ang gumawa ng*



*loob*,” Amanda says. “My alter is something that’s a very real part of me that I can’t express anywhere else. It’s not that I’m hiding behind something. It’s like a hyperreal version of me. Heightened *lang yung ibang* aspects—specifically *yung* exhibitionism and self-love.

“Even before I joined alter, I used to send nudes to my boyfriend—we’re in an open relationship—and the guys I flirted with on Tinder. And that’s when I realized that I really enjoyed sending them nudes because of the validation I would get in return. I loved their positive

accounts *dahil na-discover nila yung account ko*,” Amanda shares. “A lot of my followers project onto me their beliefs of body positivity and healthy sexuality. Admittedly, I do talk about these issues in my tweets and they do come up in the visuals you’ll find in my nude photos, *pero* I want to stress *na hindi yun yung dahilan kung bakit ko siya ginagawa... mahilig lang ako maghubad*.”

Now, if you had the chance to let out that hyperreal version of you without having to worry about the repercussions, who would you become? **FHM**



# SUPER FIT

SEL GUEVARA IS YOUR NEW BODY GOALS

photography  
KEVIN CAYUCA  
OF EDGE OF LIGHT

Worldmags.net











stylist  
KRISTINE TORIBIO  
makeup  
BRYAN PONCE  
hairstyling  
DAISY VILLAR

Worldmags.net







worldmags.net

**S**el Guevara lists down a lot of her achievements in her IG bio: sportscaster, fitness coach (of her very own SSP Fitness Gym, no less), entrepreneur, ESPN talent, bodybuilding champ. But what really brought a smile to our faces is the little peach emoji that comes before everything else. Unless you've been living under a rock, then

you know the fleshy fruit is actually a not very subtle stand-in for an ass emoji and Sel has one hell of a derriere indeed. Aside from oozing confidence and charisma during our shoot, we realized we don't get much of Sel's kind—the ultra fit queen who isn't afraid to act as a role-model for looking after yourself—but with her work, she'll probably inspire the next wave of hard bodies herself.—**Ash Mahinay**













Worldmags.net

# NOW YOU CAN TAKE THE BABES EVERYWHERE YOU GO!



Get **FHM** on your smartphone or tablet. Download the app now!



Download on the  
**App Store**

<http://bit.ly/fhm-ios>



GET IT ON  
**Google play**

<http://bit.ly/fhm-android>

\*Powered by **buqo**. You can access **buqo** using the account you create for the FHM Philippines App.



# fits

**MASTER  
YOUR LOOK**

Edited by **ASH MAHINAY**  
mikeyashlie.mahinay@  
summitmedia.com.ph

photography  
**IAN GUEVARA**

# SUMMER VISIONS VOL II

words & styling  
**ASH MAHINAY**



## **STKD**

The OG brand just dropped its new vibe that's all about the surfing and motorcycle riding lifestyle. If you've always pined for that badass moto aesthetic, then your time is now young man.

Surf Moto shirt, P599.75  
Surf Moto hat, P699.75





#### STRAIGHTFORWARD

It's not always fun to run around the beach while waiting for your boardshorts to—slowly—dry off. Cop a few pairs of summer shorts from homegrown label Straightforward so you have something nice to change into. It mixes inspiration from our local flora for the patterns and polyester construction to keep things nice and dry.

shopstraightforward.com  
Strawberry, P700  
Anahaw, P700  
Nueva Valencia, P650







#### GWAPITOS

If you're heading out to La Union or Siargao, then we fully recommend taking home some Gwapitos merch. Since you can't cop it just anywhere, this surf brand's goods are the kind of local souvenir that will get everybody envious of your beach trip.

@gwapitos.official  
Shirts, P700  
Hat, P500



## LAWUD

A Visayan term for "the vastness of the open sea," Lawud's colorful shirts are proudly made right here at home in the tropics. The patterns are on point but we also appreciate the fine detail in their construction: breezy fabric and classy wooden buttons are two very summer-friendly design choices.

@lawudlife, available at Purveyr Post, Makati and Kendo Creative, Cubao X Shirt, P850







#### QUIKSILVER X PACSAFE

So sturdy it could have floated across the sea to get to our shoot, this collab between Quiksilver and Pacsafe could well be the last summer bag you ever need. Heavy-duty tarpaulin pockets for your wet stuff and a removable dry bag for your can't get-wet stuff are two highlights from Pacsafe's contribution. Meanwhile, Quiksilver offers up a bold inner lining and nice murdered-out exterior scheme.

40L Carryon, P10,690



# UNDISPUTED

CONTRARY TO GEJE "GRAVITY" EUSTAQUIO NICKNAME THERE'S NOTHING THAT'LL KEEP HIM DOWN

WORDS: RAUL MANINGAT; PHOTOGRAPHY: JONATHAN BALDONADO

**W**ith undeniable passion, grit and of course, skill, Pinoy mixed martial artists, led by former lightweight champion Eduard Folayang and Brandon Vera, have gained the utmost respect of their peers and genuine admiration of fans in Asia's ONE Championship. But despite this achievement, there's still more left for Filipino One athletes to accomplish. Helping the local martial arts community continue its rise is one of Folayang's Team Lakay teammates, Geje "Gravity" Eustaquio. Just last January, the Baguio native did the country proud by beating Kazakh wrestler Kairat Akhmetov to become One's Interim Flyweight World Champion. Kind enough to accept our invitation, the 29-year old dazzling Wushu striker took us through his journey and shared useful life lessons along the way.

## How did you feel winning the interim belt on home soil?

Winning the belt is an incredible achievement for me. All the hard work and effort has paid off in God's due time. But this victory is not just mine, it is one that I share with my team, my fans, and my family. The belt is for all of us. I feel the best I have ever been and I am excited to soon unify the belts and become the undisputed champion.

## Why do you think you didn't get the unification fight against Adriano Moraes right away?

I think Adriano was not available at the time and now he is injured. I hope for a speedy recovery for him. I respect Adriano as a man and as a martial artist. He has honor and humility. One day we will unify the titles and it will be a great fight.

## Does your training at elevation in Baguio make your conditioning better?

Yes the mountains are a very good place to train your cardio. We run uphill and downhill and in different terrain. It is very challenging. Plus the cool weather is also very pleasant and Mother Nature gives us great training. At Team Lakay, strength and conditioning is very important, so we always make sure to train hard.

## What improvements in your fighting style have you made as you go along?

Just controlling the action and fighting at my own pace. Being able to dictate the pace is an important part of every fight. But to do this, you have to be sharp and focused. We do a lot of mental and spiritual activities aside from our usual martial arts training. This helps a lot in clearing the mind and maintaining laser focus.

## We found out that you are also educated as a teacher. Do you think you would have pursued a teaching career if you hadn't gone into martial arts?

I think no matter what, I would have always been a martial artist. It is my true calling. I enjoyed being a teacher and I loved to help out the children, but it wasn't the life that I wanted. I wanted more than to just go to work everyday from nine to five. As a martial artist, I am now following my passion. **FHM**







# THE DOJO

## LIFE ON THE UPSWING

Edited by **PEEJO PILAR**  
peejopilar@gmail.com

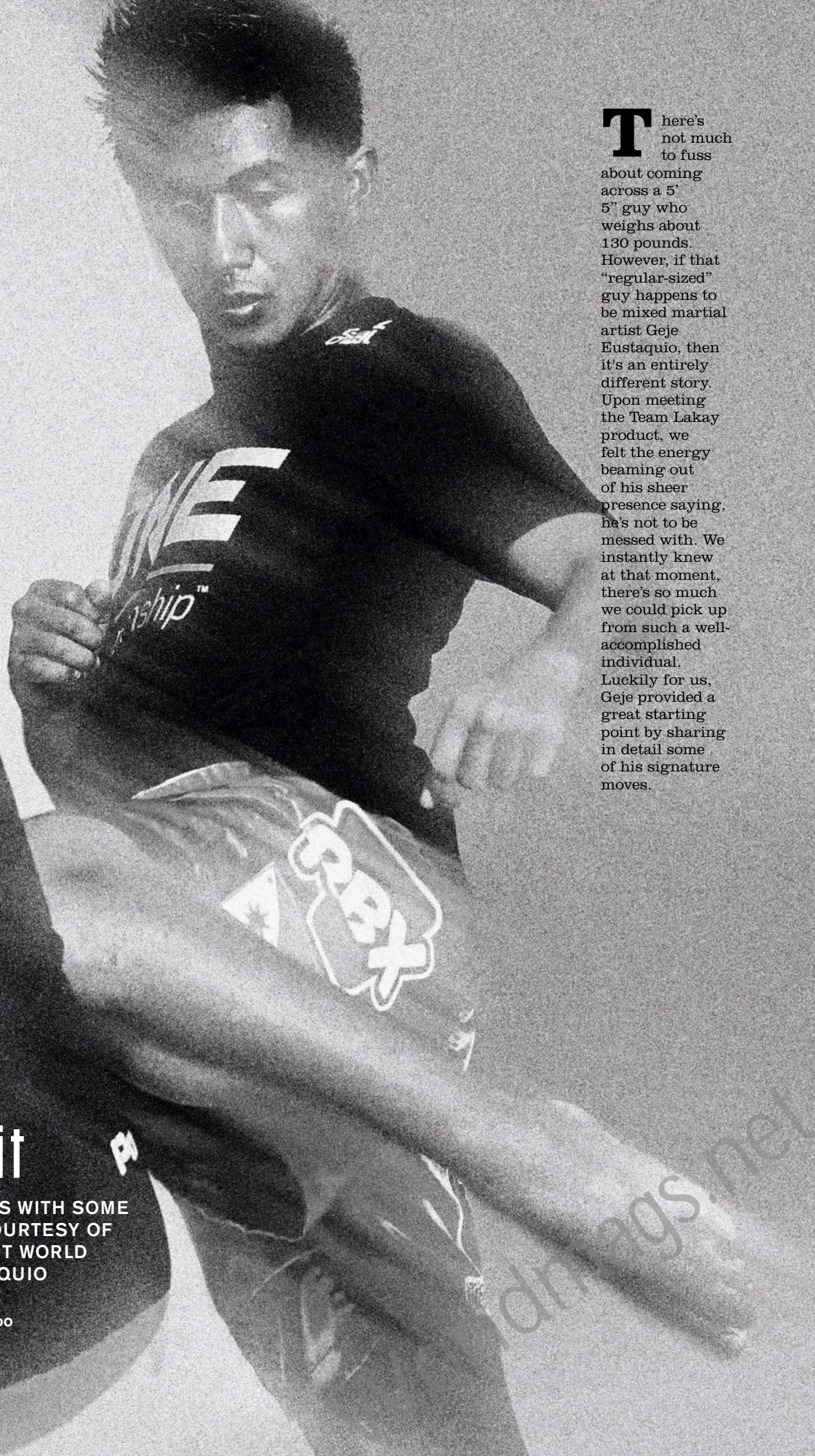
### MAN SKILL

## Fighting fit

SWEAT OFF THE POUNDS WITH SOME EXPLOSIVE ACTIONS COURTESY OF ONE INTERIM FLYWEIGHT WORLD CHAMPION GEJE EUSTAQUIO

WORDS: RAUL MANINGAT  
PHOTOGRAPHY: JONATHAN BALDONADO

**T**here's not much to fuss about coming across a 5' 5" guy who weighs about 130 pounds. However, if that "regular-sized" guy happens to be mixed martial artist Geje Eustaquio, then it's an entirely different story. Upon meeting the Team Lakay product, we felt the energy beaming out of his sheer presence saying, he's not to be messed with. We instantly knew at that moment, there's so much we could pick up from such a well-accomplished individual. Luckily for us, Geje provided a great starting point by sharing in detail some of his signature moves.





### Roundhouse kick

Kick with your back foot and be mindful that you must twist your body and pivot foot as you're maneuvering in order to inflict maximum damage. Connecting cleanly either to the head or body will most likely result in a KO. As Eustaquio said, the impact of a roundhouse kick is like a fully swung baseball bat hitting its target.



### Straight punch

Like the other famous southpaw world champions of combat sports, namely Manny Pacquiao and Vasyl Lomachenko, Eustaquio has always included the left straight as a main weapon in his arsenal. In fact, it was one of the key punches he used to capture ONE gold.



### Straight-hook-kick

It's basically a straight punch, lightly thrown as a distraction, followed by a strong hook punch to the head, ending with a roundhouse kick to the body or a powerful leg kick. According to Eustaquio, this is a personal favorite as it's not too complicated to pull off yet difficult for the opponent to read.



## HIGH ELBOW

Eustaquio has another Muay Thai technique in his bag of tricks, called the High Elbow 12 to 6. This one's tough to land but has brutal payoff, says Eustaquio. Thrown from the 12 o'clock point straight down to the six o'clock with tremendous force, the high elbow can slice the opponent's head open.

### Front kick-jab-straight

This three-hit combo is a great way to confuse the opponent to ultimately land a killer blow. First, put your opponent on the retreat using the front kick then quickly use the jab to set up your power punch, which is the straight. If timed correctly, the outcome can be devastating.



### Straight punch-knee

Another one of Eustaquio's most reliable attacks is a straight punch upstairs succeeded by a knee to the body. Eustaquio has two ways of executing of this Muay Thai combo: He throws his left straight as a fake so he can land a huge knee and then he goes full power with the punch and for good measure, unloads a good scoring knee right in the gut.



### Side kick

For Wushu strikers like Eustaquio, the side kick is a staple. It's mainly used to thwart an opponent gearing up for an attack. The side kick allows you to score points and keep the opponent at bay at the same time. In the U.S. this defensive striking technique is called NMD (National Missile Defense).





## MANSKILL

# Swim don't sink

BECAUSE FAILURE TO DO SO ONLY HAS ONE CONSEQUENCE

WORDS: PEEJO PILAR; ILLUSTRATION: MELVIN CALINGO

Summer is blazing a hole in your brain. That's why heading to the beautiful blue ocean or an inviting pool is the best way to cool off. But as always, keeping safe should be your top priority. American Red Cross Lifeguard and Rescue Scuba Diver Allan Weber gives us some important tips to make sure that your dip in the pool or at the beach won't leave you gasping for air.

## WATER SAFETY S-W-I-M

**S**

**Safety first.** Is it safe to swim? Do they have lifeguards? Always check the facilities like the slides, floors, ladders, and stairs if they're properly maintained.

**W**

**Watch out** for the water, currents, temperature, depth, water animals and plants, and most especially corals.

**I**

**Inexperienced swimmers and kids** need to wear lifejackets. And always maintain close supervision.

**M**

**Me and my buddy.** Remember to always swim with a buddy. In case of an emergency, they can assist you or find help.

## HOW TO SAVE A DROWNING VICTIM

**REACH  
THROW  
DON'T  
GO!**

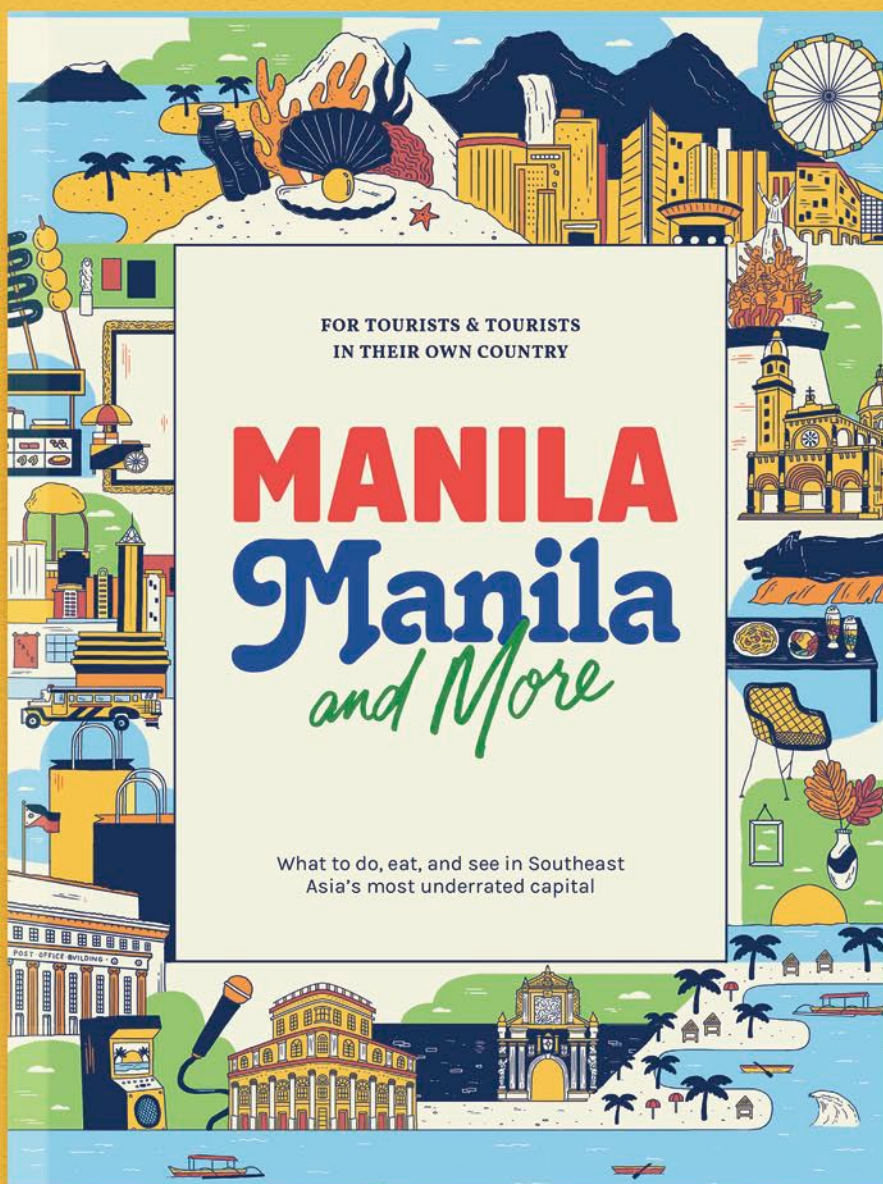
**Use a pole, lifeguard buoy or anything that can reach the victim or swimmer in need.**

**Throwing any floatable thing like rescue bag, buoy, tube or lifejacket can help.**

**If you don't have proper training, diving in after a drowning person can prove to be dangerous for both you and the victim. Best is to seek professional help ASAP.**



# FOR TOURISTS & TOURISTS IN THEIR OWN COUNTRY



AVAILABLE IN BOOKSTORES, NEWSSTANDS,  
AND CONVENIENCE STORES FOR P395.



## We should be riding this on the highway

WHY CAN'T THE KAWASAKI VERSYS X 300 GO THE FULL STRETCH? BECAUSE THE RULES SAY ITS ENGINE IS TOO SMALL. WELL, WE SAY CHANGE THE RULES. NOW.

WORDS ZACH LUCERO

When you say adventure bike, what comes to mind are big, tall powerful touring bikes that come with a hefty price tag. But these days manufacturers are mating big concepts with smaller engines. A bad idea or a good one? Let's find out with the Kawasaki Versys X 300.

The Versys X 300 uses the fuel-efficient liquid-cooled eight-valve, 296cc, six-speed parallel twin engine also found in the Ninja 300. It's got improved midrange power that's more appropriate to the Versys persona. The airbox shape, intake paths, and exhaust were reconfigured. Its got a dual throttle valve fuel injection system producing a very responsive linear delivery from low rpm up until the rev

limiter kicks in at 12,750 rpm. The top speed if you're on a race track can hit around 165 kph.

The standard seat is firm so expect a lot of butt shifting on long rides. You can change this to a higher seat but that means your head will pop out of the wind screen more. Maybe an improvement on the X 300 would be an adjustable windscreen to accommodate taller riders. The more your head sticks out, the more wind is directed to your head, and that means more air noise to deal with, which can cause fatigue.

The Versys X 300 is stable, the frame is rigid like a rock, giving you some macho bike credibility. Yes, it feels pretty much like a touring adventure bike in its stance, but lighter, more nimble, and more fuel efficient.







Offroading is a cinch. Consider it in between a trail bike and a full blown adventure bike because of its weight—a bit of the good from both worlds. Its suspension feels like it was tuned for tough unyielding on-road action, though.

On the practical side, there seems to be no argument that it's a bang-for-the-buck bike at P270,000.

There is only one weakness to this bike. It's a glaring one, but it's not the bike's fault; it's our antiquated road use policy's fault.

The Kawasaki Versys X 300 can't get on the highway. Seriously. Someone should do something about the rule that says only 400cc bikes are allowed. Bring it down to 250cc. Now. **FHM**

www.worldmags.net

1. Download a Tor browser by visiting:

<https://www.torproject.org/download/download-easy.html.en>

2. Download software: torbrowser-install-7.5.2\_en-US.exe

3. Make sure your operating system is compatible with the version of Tor you're downloading. If not, update your OS.

4. Install the Tor program onto your computer.

5. Open the program and attempt to connect to a proxy server in order to access the Tor search engine.

6. Once successful, search for Dream Market in the browser.

7. Register an account on the website.

8. Add Bitcoin to your wallet by sending your desired amount to the random-generated address. After a few minutes, you will receive a message to confirm your transaction.

9. Look for "How To Get Lifetime Amazon Prime (Very Easy)" then click add to cart.

10. Input your shipping address.

11. If you're happy with your order, click "Order Now" button.

12. After one to two days, you'll receive your "Guide" on how to access your lifetime Amazon Prime account.

FHM



# MONTERO SPORT

## Confidence breeds success.

Introducing the 2018 Montero Sport.



**Megan Young**  
Montero Sport owner

With acclaimed safety features, interior amenities and performance technology, you can confidently move forward and take on any challenge along the way. The world is yours for the taking in the 2018 Montero Sport.

### TOP-NOTCH SAFETY FEATURES:



**Ultrasonic Misacceleration Mitigation System (UMS)**  
To help prevent parking collisions, the UMS controls engine output if you suddenly accelerate forward or reverse by accident.



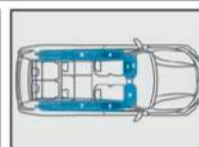
**Adaptive Cruise Control (ACC)**  
The ACC maintains your desired distance with the car ahead of you via radar to lend driving assistance and enhance driving comfort during highway cruising with traffic.



**Forward Collision Mitigation System (FCM)**  
The FCM system is a radar-based automatic emergency braking system.



**Blind Spot Warning System (BSW)**  
The BSW uses ultrasonic sensors to detect vehicles near the side and rear quarters of the Montero Sport.



**7 SRS Airbags**  
Dual front, side, curtain, and knee airbags protect you all around.

### STANDARD FEATURES:



**2.4L Clean Diesel Engine with MIVEC - 181 Ps • 430 N-m**  
Variable valve timing allows the engine to achieve an impressive combination of optimum power, high fuel efficiency and low emissions.



**8-Speed Automatic Transmission**  
The first in its class transmission is designed to maximize fuel efficiency and engine power.



**Luxurious and Spacious Interior**

*Engineered Excitement*

Visit your nearest Mitsubishi Motors dealer now!



Car Awards Group, Inc.  
2017 Car of the Year  
Best 4WD SUV

Vehicle color may vary from actual unit. The Montero Sport is available in the following variants: GT 4WD 8-speed A/T - GLS 4WD 6-speed M/T - GLS Premium 2WD 8-speed A/T - GLS 2WD 8-speed A/T - GLX 2WD 6-speed M/T

Like us on [Facebook](#) [Mitsubishi.Motors.Philippines.Corp](#) [Instagram](#) [@mitsubishimotorsph](#)

**MITSUBISHI  
MOTORS**  
Drive your Ambition

[www.mitsubishi-motors.com.ph](http://www.mitsubishi-motors.com.ph)





#ONTHEGO



WWW.RRJ.COM.PH

Worldmags.net